AQUARIUS™
HOME COMPUTER SYSTEM

BIORHYTHMS

FOR YOUR AQUARIUS HOME COMPUTER SYSTEM

FOR ENTERTAINMENT PURPOSES ONLY!

FOR COLOR TV VIEWING ONLY

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MATTEL ELECTRONICS®

4673-0920

WHAT ARE BIORHYTHMS?

HAVE YOU EVER WONDERED WHY...

...you're energetic and full of enthusiasm on some days and on others, lethargic, bored and in the doldrums?

...out of a roomful of strangers you are often drawn to one or two people, while you ignore others?

...you solve problems easily on some days and on others, "you can't seem to get with it?"

You're not alone! Everybody has days when everything seems to fall into place. No mistakes, mishaps, or big problems. Then there are THOSE OTHER days

when — even with the best efforts and careful planning — life goes awry.

Have you ever wondered why? One explanation for the shift in moods, physical vitality and intellectual energy from one time to another, comes from the theory of biorhythms. According to the experts, people live with hundreds of biological rhythms that help influence their lives. From only a birth date, three of the most prominent rhythms — emotional, intellectual and physical — can be charted to determine "high days", "low days" and "critical days".

Following your biorhythm clock, you can chart the times in your cycle when your physical stamina will be greater than at other times.

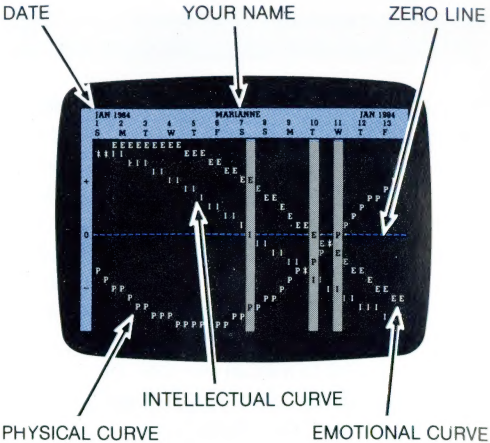
You can also find days when it may seem easier to make important decisions, learn new skills and do work that has your boss singing your praises.

There'll be times when you may find yourself riding an emotional high, attracting new people, exploring new places, making far-reaching plans for fun.

THE MEANING OF CYCLES

Cycles begin at the time of birth at the zero line and move upward. Known also as a "critical" line, it divides the "high" days from the "low" ones. The day when one of your three cycles crosses the zero line is considered to be a "critical" one and a time of change, unrest, growth and re-evaluation.

On the day your intellectual curve crosses the zero line you may be in a mood to reappraise ideas, or be open to exploring new fields. Physically you may want a change of pace, to begin a new exercise, or cut back on the ones you're doing. Emotionally you'll find yourself more sensitive, aware and perceptive.



A curve above the zero line is considered to be positive, a curve below negative. The terms are interpreted differently in biorhythms than in other fields. For example, an intellectual curve

above the zero line doesn't mean you're more intelligent on those days, but that you may learn new skills or become interested in a new field. You're more apt to take up BASIC, or learn Greek, or start a class in gourmet cooking when your curve is above the zero line. When the curve is below the line, you are prone to relearning skills and reviewing information you already know. Want to brush up on your French? You'll be motivated when your intellectual curve falls below the zero line.

On days your physical curve is above the zero line, you may feel more physically confident and give in to your urge to go wind surfing, or mountain climbing. On days that fall below the zero line, you're not likely to feel like signing up for anything more daring than bird watching.

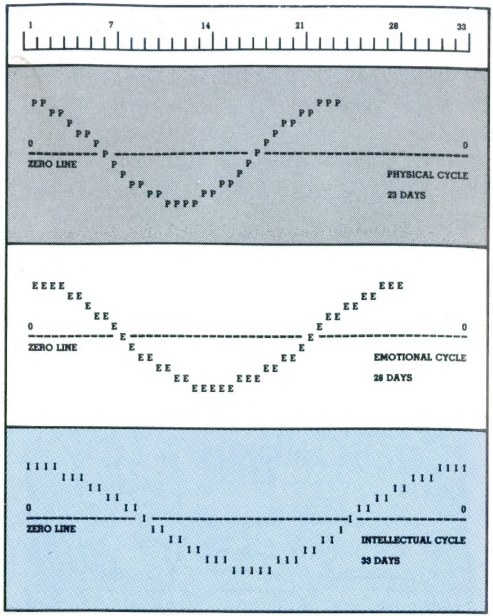
When your emotional curve is above the line, you'll find those are the days when all falls into place and goes well...and, without much effort on your part. You can overcome almost any upset, and a compliment can make your day. When the curve drops below the zero line, you may also feel like dropping into the doldrums. A placid mood can be easily disrupted.

The three cycles differ in length from each other, and are of the same duration for all people. Within each of these cycles, say the experts, you will experience "high days", "low days", and "critical days".

PHYSICAL CYCLE of 23 days crosses the zero line every 11½ days and relates to physical vitality, endurance, energy, resistance and confidence.

EMOTIONAL CYCLE of 28 days crosses the zero line every 14 days and reflects sensitivity, intuition, cheerfulness, perception and moods.

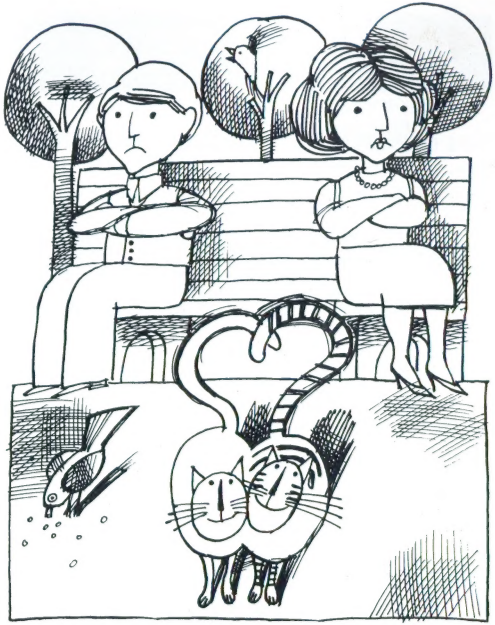
INTELLECTUAL CYCLE of 33 days crosses the zero line every 16½ days and indicates alertness, reasoning power, creativity, logic and memory.



CAN COMPATIBILITY BE MEASURED?

You can also chart your physical, emotional and intellectual compatibility with another person by simply knowing the person's birth date. Most biorhythms experts agree that the Emotional Cycle is the key cycle in a relationship between two people (see page 19). Individuals with over 40 percent compatibility in the Emotional Cycle will probably have a very easy and comfortable relationship.

Two people having a 100 percent compatibility readout in any of the cycles will find they're very much alike within that cycle's characteristics.



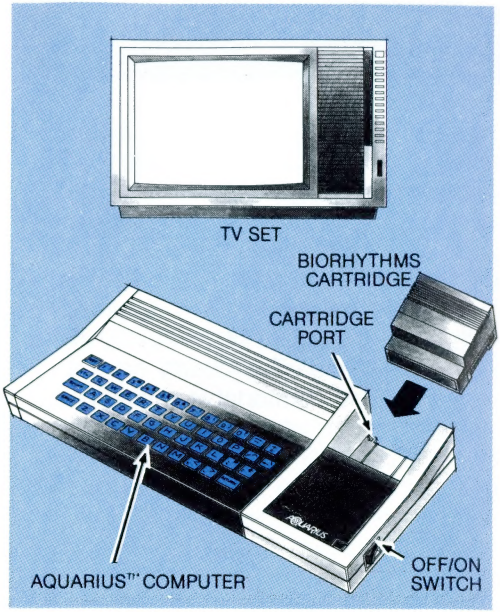
HOW TO CHART YOUR BIORHYTHMS

You can chart your individual biorhythms, the biorhythm of two people, and a two-person lifetime compatibility reading.

CHECK YOUR EQUIPMENT

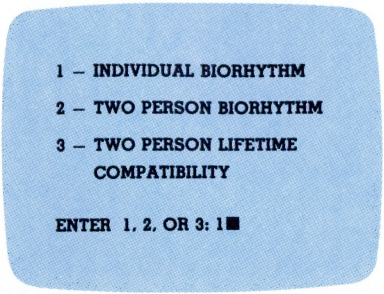
MAKE SURE:

- Aquarius™ Computer is connected to TV set and power cord is plugged in.
- Antenna Switch Box is set at "COMPUTER".
- TV set is plugged in and properly adjusted.
- Biorhythms cartridge is placed in cartridge port and firmly engaged. Game Title should be facing up.
- OFF/ON Switch is turned ON.



NOTE: PRESS ANY KEY TO EXIT TITLE SCREEN FOR OPTION SCREEN AND TO SELECT THE BIORHYTHMS CHART YOU WANT.

SELECT YOUR OPTION



If you want an individual biorhythms chart, press key [1], then [RTN].

If you want a two-person biorhythms chart, press key [2], then [RTN].

If you want a two-person compatibility chart, press key [3], then [RTN].

ENTER THE DATES

Dates are the key to your biorhythms; it is crucial they be entered properly. Aquarius accepts dates in number form only. Enter the month, day and year of birth dates and start dates in numbers. Aquarius assumes all dates to be in the 20th century.

CORRECT: 4/18/61

INCORRECT: 4/18/1961

If you need to change a number or letter, use the ↵ to move the cursor to the character you want changed, then type in the correct one.

INDIVIDUAL BIORHYTHMS CHART

MM / DD / YY

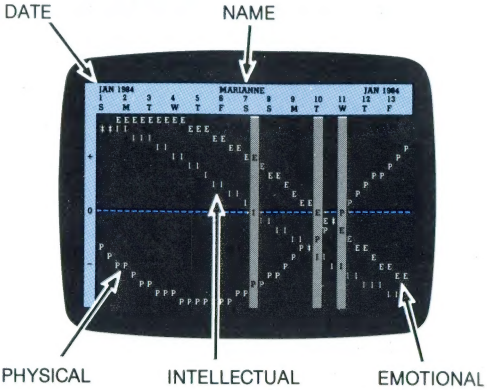
BIRTH DATE: 4 / 18 / 61
NAME: MARIANNE

START DATE: 1 / 1 / 84

Enter birth date, press RTN.

Enter name, press RTN.

Enter start date for biorhythms chart, press RTN.



See pages 13-18 for interpretations.

TWO-PERSON BIORHYTHMS CHART

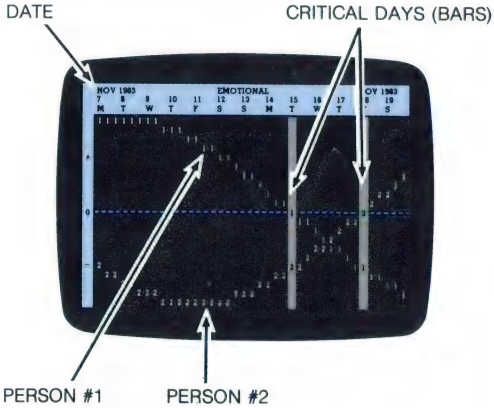
```
                    MM / DD / YY

#1  BIRTH DATE:  4 / 18 / 61
    NAME:  MARIANNE

#2  BIRTH DATE:  9 / 3 / 54
    NAME:  JAMES■
```

Enter birth date for person #1, press [RTN].

Enter birth date for person #2, press [RTN].

Enter start date for biorhythms chart, press [RTN].

Select the curve you want charted: "P" will give you the physical curve; "E", the emotional; "I", the intellectual. Press [RTN] key.



TWO-PERSON LIFETIME COMPATIBILITY CHART

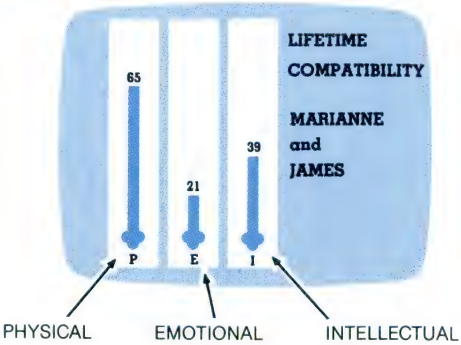
Enter first person's birth date, press [RTN].

Enter first person's name, press [RTN].

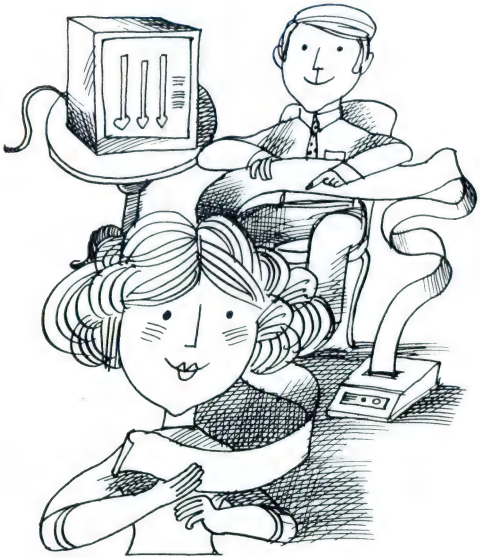
Enter second person's birth date, press [RTN].

```
                    MM / DD / YY

#1  BIRTH DATE:  4 / 18 / 61

#2  BIRTH DATE:  9 / 3 / 54

    START DATE:  11 / 7 / 83■

    WHICH CURVE  P. E. OR I: E
```

Enter second person's name, press [RTN].



Numbers range from 0 to 100 and indicate how well people get along with each other emotionally, physically and intellectually. The higher the number, the more similarities there are between the two individuals' curves.



0-40%	low compatibility
40-80%	high compatibility
80-100%	super-high compatibility

For interpretation, see page 19.

TO PRINT YOUR CHART

To print out a biorhythm or a compatibility screen, plug in the printer as shown in the Owner's Manual for the printer. Be sure printer's power switch is "ON". Press [P] on the keyboard to begin printing.

BIORHYTHM CHART READ-OUT

P = PHYSICAL

E = EMOTIONAL

I = INTELLECTUAL

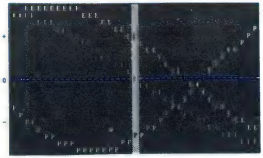
C = CRITICAL

\+ = ABOVE ZERO LINE

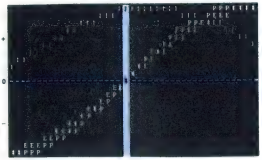
– = BELOW ZERO LINE

To scroll forward, use [.>] key.

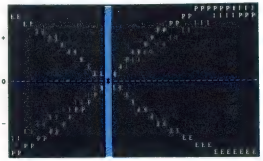
To scroll backward, use [,<] key.



RED BAR: critical day in one cycle



GREEN BAR: critical day in 2 cycles



YELLOW BAR: critical day in 3 cycles

	P	E	I	
1	+	+	+	The rewards are stunning. Relish the pleasures. All cycles in sync make this a red-letter day. Memorable.
2	+	+	C	A day with potential. Your skills will impress, and you can enjoy taking charge with ease. It's also a day when you may question your thinking and discard old ideas.
3	+	+	–	A nearly perfect day. The secret to your success is magnetism backed by determination and energy. Aspirations can receive a satisfying boost. You may want to think about putting a special talent to new use.
4	+	C	+	Your energy is envious, your intellectual powers stimulating. A day to adjust emotional gears and bring feelings into balance.
5	+	C	C	Your physical energy goes into overdrive, and you have ample endurance for a day to do whatever you wish. Maybe a good time to launch a new project.

	P	E	I
6	+	C	–
	You're in the physical fast lane, seemingly untiring with endurance to spare. You may put more emphasis on *doing* than thinking. Your emotions may leave you ready for new insights and changes.		
7	+	–	+
	In top form intellectually, energy brims over to make nearly anything you want to do a possibility. You have the energy to carry off a day that could sizzle with excitement and new challenges.		
8	+	–	C
	A day to research a new topic of interest. Filled with unexpected happenings, the day may develop whirlwind changes that can alter your plans.		
9	+	–	–
	If you want to climb mountains, swim a channel or outdo your own record, go for it! It's your day to flourish. You may be surprised at your own prowess.		
10	C	+	+
	Your wit and intellectual fluency are on high. Coupled with a radiance to attract, you'll have an upbeat day, one that may leave you feeling a bit frazzled physically.		

	P	E	I
11	C	+	C
	A day to lean on your charms. You may feel more like partying than slaving at your desk on this emotionally clear-sky day. You're bursting with good cheer, and may also be filled with zingy ideas. You can look forward to problem solving later.		
12	C	+	–
	This is not a day for modesty. Bask in the appreciation of others, while you recharge intellectual interests and recoup physical energies.		
13	C	C	+
	Your intellect reaches for the stars. Intellectual pursuits are in high priority, and you can take giant steps in that direction. It's also a day to kick back, put your feet up and do your heady dazzling from an armchair.		
14	C	C	C
	All three of your cycles are passing through the center zero line and are at the start of a new phase. Today you can expect the unexpected, and may feel an urge to explore unchartered paths. Which path to take? Who knows! Today may be like trying to find a direction on a merry-go-round. Incidentally, you have this whirlwind of change to look		

forward to once in about every 29 years — as often as your three cycles cross the zero line on the same day.

15 C C –

When it comes to making decisions today, you may want to step lightly. Whatever you're up to, you're in for some reversals. In other words, if you're party-hopping, you'll soon elect to stay home with a good book. If you've spent too many hide-a-way nights, you'll be tempted to fly into a whirl of activity.

16 C – +

Your energies may sweep you into the intellectual arena where you can set lofty goals and soar, a nice antidote against a somewhat unharmonious mood. Get set for new physical possibilities.

17 C – C

Change is in the offing, and it may be a time to come to grips with different environments, cultures, situations and people. A good chance for the unpredictable.

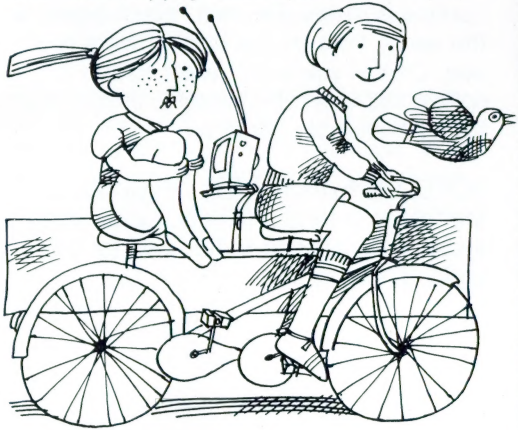
	P	E	I
18	C This may be one of those days when you have "to make the best of it." Ho, hum! A lay-low day to renew your energies, rejuvenate your spirit.	–	–
19	– The day is in your favor. Your emotions and intellect should be in terrific shape. Not surprising if you feel like showing off skills and talents for an avalanche of good feelings.	+	+
20	– The outlook is bright on this emotionally balmy day. Revel in the lackadaisical, this is a time of luxury. Intellectual pursuits will find a new niche — later.	+	C
21	– An emotionally dynamic day when you're filled with bright ideas. Your zeal takes up any physical slack you may be feeling.	+	–
22	– Fast on your intellectual feet, this is a day to show off your analytical powers. Emotions in the process of change may be difficult to express.	C	+

	P	E	I
23	–	C	C
	Not a day for placid moods. The emphasis is on intellectual challenges and emotional changes. If you relish the new, this may be a day to get the ball rolling.		
24	–	C	–
	May be a day of roller coaster moods, when you opt for a good book, rather than jogging an extra mile or having a gathering, even of favorite people. Intellectual and physical pursuits are in low priority.		
25	–	–	+
	You're a whirlwind of intellectual energy. A time to shine with new found insights and sprint to success.		
26	–	–	C
	Eager for change, you'll regroup today for new perspectives. A day to beat back emotional and physical blahs!		
27	–	–	–
	Another ho-hum day, when it's best not to expect too much of yourself.		

WHAT IS BIORHYTHM COMPATIBILITY?

If you're both physically compatible, you'll find your cycles of energy and rest coincide with each other. You'll both head for the gym together, or one of you may take tennis lessons while the other plays racquetball or runs the 10K race. Conversely, when one of you is plopped in front of the television set with a bowl of popcorn, the other won't be dressed for a night on the town.

If you're emotionally compatible with someone, you may find your moods and tastes fluctuate together. You'll like doing the same things at the same time: riding around in windy convertibles or on motorbikes one day, viewing a boat show the next; having a get-together one weekend, being alone the next. Your emotions and whims are in sync. You share the highs and the lows. People who have high emotional compatibility scores often have storybook romances and "live happily ever after."



Intellectually compatible people discover their mental energy, curiosity and desire for challenges ebb and flow together. If you're compatible with someone, you'll both want to read the same sections of the morning paper at the same time: the editorial section first on one day, the comics or news the next. You'll agree at the same time on the kind of films to see. One of you won't want to see a light spoof when the other is in the mood for a serious docudrama.

NOTE: Biorhythms was developed by Mattel for entertainment purposes only, and is not intended to be used for personal direction.

90 DAY LIMITED WARRANTY

Mattel Electronics warrants to the original consumer purchaser of any AQUARIUS cartridge, cassette, or disc it manufactures, that the product will be free of defects in material or workmanship for 90 days from the date of purchase under normal in-home use.

Mattel Electronics will not assume any liability or responsibility for loss or damage, direct or indirect, caused by or alleged to be caused by any Aquarius cartridge, cassette, or disc (software programs) or the use made of any such program by the consumer. This disclaimer includes but is not limited to any interruption of service, loss of money, or anticipatory profits resulting from the use or operation of such programs.

Mattel Electronics sole obligation under this warranty will be to repair or replace the defective product, at its option. If defective, return the cartridge, cassette or disc along with proof of the date-of-purchase to either your local dealer or postage prepaid to:

Mattel Electronics Service Center (East)
10 Abeel Road
Cranbury, New Jersey 08512

or

Mattel Electronics Service Center (West)
13040 East Temple Avenue
City of Industry, California 91746

This warranty excludes incidental or consequential damages resulting from the product or use of the product. (Some states do not allow the exclusion of incidental or consequential damages, so the above exclusion may not apply to you.)

This warranty gives you specific legal rights and you may also have other rights which vary from state to state. This warranty does not cover damage resulting from purchaser abuse, accident, negligence, or damages subsequent to purchase.

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